

# FANTASTIC FUN FOODS®

SBI CODE #18400

GoodyRing®

51% Whole Grain - 2.5oz.



## Nutrition Facts

1 serving per container	
<b>Serving size</b>	<b>(71g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>240</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 300mg	<b>13%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 8g	
Includes 8g of Added Sugars	<b>16%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 24mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 83mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains Bioengineered Food Ingredients.

**INGREDIENTS:** WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL), PALM OIL, YEAST, SOYBEAN OIL, SALT, CORN SYRUP, DEFATTED SOY FLOUR, WHEY, MONO- AND DIGLYCERIDES, WHEAT PROTEIN ISOLATE, CORN STARCH, GLYCERIN, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, PALM OIL (HYDROGENATED), YELLOW CORN FLOUR, NONFAT DRY MILK, SODIUM STEAROYL LACTYLATE, LACTYLATE, CALCIUM CARBONATE, AGAR, COLOR (EXTRACTS OF ANNATTO AND TURMERIC), NATURAL FLAVOR, MONOCALCIUM PHOSPHATE, EGGS.  
**CONTAINS: WHEAT, SOY, MILK, EGGS.**

## PRODUCT CONTRIBUTION

- **GRAIN CREDIT: 2 oz GE · GRAMS OF FLOUR: 32.4g**
- **GRAMS OF WHOLE GRAIN: 16.5g · GRAMS OF ENRICHED: 15.9g**
- **PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%**
- **DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: YES**

### PRODUCT HIGHLIGHTS

- **2 oz. Grain Equivalent**
- **8g of sugar and 4g of Protein per serving**
- **Breakfast in the classroom, Menu or Ala Carte**
- **Made in a Peanut/ Tree Nut Free Facility**

### CASE SPECS

cs/ct	80
case dimensions	19.4" L x 15.4" W x 5.6" H
case cube	1.37
case weight	13.5 lbs
cases per pallet	60
TiHi	5 x 12 Order in layers of 5
shelf life	frozen: 16 Months ambient: 5 day
12 digit upc	091464184009
14 digit upc	10091464184006

### SUGGESTED

**BID SPEC**

**Whole Grain GoodyMan Glazed Yeast Raised Ring code/18400** 80 – 2.5oz Frozen, Thaw and Serve individually wrapped yeast-raised ring donut. Must conform to USDA Child Nutrition Program specifications and meet 2oz grain equivalent. Must contain a minimum of 2 grams of fiber & 4 grams of protein. Student-preferred brand Super Bakery's Goodyman product #18400. Made with Whole Grain Flour. Made in the USA, Peanut / Tree nut Free Product. Product analysis required. Kosher: Dairy



*J. D. H.*

Distributed by: Super Bakery Inc. Pittsburgh, PA 15237

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PRESIDENT, SUPER BAKERY, INC.